

Student Requirements for Winter Camping Trip 2015

Students must complete or participate in the following activities and assignments in order to go on the winter camping trip.

1. **Gear Check in.** This will take place on Wednesday, February 10th. This gives kids time to get things they may forget or do not have.
2. **Morning Hiking.** Each student must participate in at least 1 morning hike starting at 6:00am-7:00am where we pull pallets in the snow (!?) to simulate pulling a loaded pulk. We will have schedules set up a couple mornings a week starting when we have some snow.
3. **Student Packing Night.** Wednesday, February 17th. Students must meet with their group after school to bring loaded pulks ready to be packed the next morning for our departure at 1:30 Thursday, February 18th.
4. **Sleep Outside.** Sleeping outside before you leave the friendly confines of your own home is necessary for you to make adjustments to your sleep system. We try to build shelters in class and then have a sleep out night at school before the trip.
5. **Fire Building.** Students going on the trip will have a fire building kit and be able to start a fire on their own. Although fire will not keep them warm on cold nights, it will help provide comfort and warmth when gathering materials.
6. **Food Preparation.** Students work in class to cook out using materials they will have available to them during the trip. They will need to plan and execute their food plan to keep caloric intake up during their time outside.
7. **Good Feeling and Positive Attitude.** Students start to doubt their abilities which can impact their judgment and their attitude. We want them to go into the trip feeling good about everything involved.